

**Findlay Digital Academy Wellness Plan  
2023-2025 (Re-evaluate annually)**

**Needs and Gaps:**

**Recognize and provide supports to FDA students to address their social/emotional and mental health needs.**

**Goals:**

1. **Provide an opportunity for staff to develop an understanding of the mental health challenges that youth face and become aware of ways to support students.**
2. **Provide opportunities for students to meet in a Lunch 'n Learn format to learn about coping skills, gain a sense of empowerment and learn to advocate for themselves.**
3. **Provide support on site at Findlay Digital Academy through a Student Resource Aide**

Activities, Services, Programs and Strategies	Responsible Parties	Partners' Roles	Process Measures	Progress Monitoring	Benchmark Goals (Short term)	Desired Outcomes (Long term)
Meet with area representatives from local agencies for overview of local opportunities for support	-FDA Director -FDA Principal -NAMI Staff -FDA Intervention Teacher -FDA Student Resource Aide -ADAMHS Representative	Discussion of initial overview of organization in our community that support at-risk students and discuss opportunities that can be implemented/ accessed at FDA or by FDA students	Meeting notes	Meeting held	Meetings with community mental health yes I have this from stable yes they finally came yeah thank you leaders.	Memoranda of Understandings
Provide Training for FDA staff related to the understanding of mental health challenges that youth face. Help them develop confidence in their ability to identify mental health	FDA Director FDA Principal FDA Staff and Mentors/Coaches NAMI Staff	Supply information that supports at-risk students, what the specific requirements	In-service training	Training for October In-service day	FDA director reach out to NAMI to 1) schedule date and time for training 2) coordinate presenters from community groups	FDA Mentors/Academic coaches will be educated in strategies to use with at-risk students

challenges and know what "next steps" to take.		are for support, what a mentor/academic coach can provide in dispersing information to students who may be or to the parent(s) of those students			with input and help from partners	
Gather student input through surveys for topics for Lunch 'n Learns.	FDA Director FDA Principal FDA Resource Aide	Develop Student Interest Survey	Student Interest Survey Results	Survey collected	Data from survey	Topics for Lunch 'n Learn sessions will be chosen based on student interest survey
Offer 1-hour Lunch 'n Learn sessions during the 23/24 school year. Sessions will be made available through Google Meets and in person	NAMI Student Resource Aide	Presentation	Google Exit Ticket completed at end of each session.	Exit ticket results collected	Data from exit tickets	Observable student engagement during discussions.
Provide a Student Resource Aide on site to provide support to students and help coordinate services for students with community resources.	FDA Admin Resource Aide	Provide Student Support Attend Community Meetings	Schedules Meeting Notes	Regular Monitoring meetings with Admin	Mid-year and Year-End Evaluations	Onsite support for parents and students.

Plan Developed/Reviewed by:

*[Signature]*  
Signature/Title  
Youth Director  
NAMI HC

*[Signature]* Executive Director  
Signature/Title  
*[Signature]* ADAMHS

*[Signature]*  
Signature/Title  
Superintendent  
Principal

*[Signature]*  
Signature/Title  
Intervention Teacher